

# **Spiritual Mentor**

The Lutheran Volunteer Corps (LVC) is a community of faith that unites people to work for peace and justice. We pursue our mission by placing Volunteers, 21+, in full-time service positions at social-justice organizations for a year exploring intentional community, social justice, spirituality, and simple and sustainable living. Volunteers live in LVC provided housing in intentional communities. LVC is on a Journey to an Inclusive Community and welcomes and encourages the participation of People of Color and people of all gender identities and sexual orientations. In its program, LVC places a particular emphasis on racism, oppression, and privilege and how these contribute to ongoing injustice in our society.

Join the LVC Local Support Network as a Spiritual Mentor! Spiritual Mentors connect, support, and engage with one LVC House Community throughout the Service-Year (August through July) on their spiritual journeys and reflections. LVC Spiritual Mentors will support the enhancement of the Volunteers' service experience by:

- offering a process that helps volunteers reflect on and be able to articulate their sense of the spiritual as it relates to their personal lives as well as their commitment to social justice
- providing a safe space for questioning what spirituality means to each volunteer
- exposing the volunteers to different meditation and/prayer practices which can help them deepen their own inner journeys and can provide a stronger foundation for their future paths in whatever they choose to do
- helping to build trust and a sense of community among the volunteers

Spiritual Mentors may support a Community individually or as a part of a 2-person team, depending on needs & availability. The first three months would follow the "Sacred Conversations" format which we currently call Journey Conversations. This gives a slow, intentional process to helping each volunteer reflect and share about who they are, their growth, struggles, insights, affirmations of gifts, etc. as well as helps build the community of trust and support. After that, the Spiritual Mentor(s) and the Volunteers can plan together what the remainder of the months' activities will be.

# **Primary Responsibilities:**

- Be the primary contact with one LVC Volunteer Community for LVC's Spirituality Program (monthly spiritual meetings)
- Act as a positive ambassador for the Lutheran Volunteer Corps and facilitate positive relationshipbuilding among Volunteers, staff, Placements, and alumni whenever possible
- Meet at least once a month with the Community
- Facilitate Journey Conversations (information to be provided)
- Plan and facilitate other spiritual exploration conversations, activities, and/or outings that can help wider the Volunteers' sense of the spiritual (suggestions to be provided)

# **Qualifications:**

- Able to plan for and provide safe and supportive environments that allow each individual to express their spiritual journey
- Open to exploring and discussing a variety of different spiritual/faith/religious journeys and practices
- Affirming and welcoming of people from all spiritual/religious backgrounds
- Affirming and welcoming of people from all backgrounds including LGBTQIA+ and people of color
- Demonstrated experience in supporting others in their spiritual journeys
- Experience in group facilitation
- Preferred qualifications: completed or in-process education of chaplaincy, spiritual mentor, etc.

#### Benefits:

- (Stay) Connect(ed) with the wider LVC Community
- Potentially meet requirements for Seminary or Spiritual Direction service
- Support Volunteers through their service-year spiritual journey
- Connect with other Spirituality Mentors in your city and across LVC nationally

## Time commitment:

- Full LVC Year (August through July)
- Once a month, meet with the whole LVC Community for their Spirituality Night (dates/times TBD by you & the Volunteers)
- Meet each Volunteer one-to-one at least once at the beginning of the year to get to know them & their own spiritual journey, and on an as needed basis, determined by each Volunteer
- Participate in two all-mentor meetings with LVC staff

## For more information contact your regions Program Manager:

Shae Agee (she/her/hers - they/them/theirs) National Partnership and Program Director sagee@lutheranvolunteercorps.org

Rachel Kennedy (She/Her/Hers) Twin Cities Program Manager <u>rkennedy@lutheranvolunteercorps.org</u> Direct: 651-419-8201

Elizabeth Raffo (She/Her/Hers) East Region Program Manager eraffo@lutheranvolunteercorps.org Direct: 202-847-6093

Scott Glaser (He/Him/His) Executive Director – Lutheran Service Corps Program Manager- Omaha - Lutheran Volunteer Corps <u>omaha.dev@lutheranvolunteercorps.org</u> Hillstrom House (402) 457-5890 Cell (720) 218-5112